Astrophysics of Dense Matter and Neutron Stars

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Phase Transitions in Quantum Chromodynamics QCD



- Early universe at zero density and high temperature
- neutron star matter at small temperature and high density
- first order phase transition at high density (not deconfinement)!
- probed by heavy-ion collisions at GSI, Darmstadt (FAIR!)

Astronomical Data on Neutron Stars

Nuclear Equation as Input in Astrophysics



- supernovae simulations: T = 1-50 MeV, $n = 10^{-10}-2n_0$
- proto-neutron star: T = 1-50 MeV, $n = 10^{-3}-10n_0$
- global properties of neutron stars: T = 0, $n = 10^{-3} 10n_0$
- neutron star mergers: T = 0-100 MeV, $n = 10^{-10}-10n_0$

Supernova Explosions



- stars with a mass of more than 8 solar masses end in a (core collapse) supernova (type II)
- Supernova of AD 1054 was visible for three weeks during daytime (crab nebula)!
- supernovae are several thousand times brighter than a whole galaxy!
- last supernova explosion for the last 400 years in our local group: SN1987A
- most prominent candidate in the universe for producing the heavy elements (r-process)

Animation of a supernova explosion (Chandra, NASA)

Neutron Stars



NASA, ESA, and J. Hester (Arizona State University)

STScI-PRC05-37





- produced in core collapse supernova explosions
- compact, massive objects: radius \approx 10 km, mass $1-2M_{\odot}$
- extreme densities, several times nuclear density: $n \gg n_0 = 3 \cdot 10^{14} \text{ g/cm}^3$
- in the middle of the crab nebula: a pulsar, a rotating neutron star!

The Sounds of Pulsars

- PSR B0329+54: typical pulsar with a period of 0.7145519 s (1.4 pulses per second)
- PSR B0833-45 (Vela pulsar): in Vela supernova remnant, period of 89 ms (11 pulses per second)
- PSR B0531+21 (crab pulsar): youngest known pulsar, in crab nebula (M1), period: 33 ms (30 pulses per second)
- PSR J0437-4715: recently discovered pulsar, period of 5.7 ms (174 pulses per second)
- PSR B1937+21: second fastest known pulsar with a period of 1.56 ms (642 pulses per second)

Masses of Pulsars (Thorsett and Chakrabarty (1999))



- more than 1600 pulsars known
- best determined mass: $M = (1.4411 \pm 0.00035) M_{\odot}$ (Hulse-Taylor pulsar)
- extremely rapid rotations: up to 716 Hz (1.397 ms) (PSR J1748-2446ad)

Massive Neutron Stars in Pulsar–White Dwarfs Systems?

(Nice, Splaver, Stairs (2003))



- four pulsars with a white dwarf companion
- measure masses by changes in the pulsar signal
- shaded area: from theoretical limits for white–dwarf companion
- massive pulsar J0751+1807: $M = 1.6 - 2.8 M_{\odot} (2\sigma!)$
- Nice et al. (2005): $M = 2.1 \pm 0.2 M_{\odot}$ (1 σ) and $M = 1.6 - 2.5 M_{\odot}$ (2 σ)!!!

Massive Compact Objects In X-ray Binaries? (Clark et al. 2002)



- Vela X-1: X-ray pulsar, $M = 1.88 \pm 0.13 M_{\odot}$ (Quaintrell et al. 2003)
- Cygnus X-2: X-ray burster, $M = 1.78 \pm 0.23 M_{\odot}$ (Orosz and Kuulkers 1999), or $M = 1.44 \pm 0.06 M_{\odot}$ (Titarchuk and Shaposhnikov 2002)?
- U1700-37: High Mass X-ray Binary (HMXB), $M = 2.44 \pm 0.27 M_{\odot}$ with $M(2\sigma) > 2M_{\odot}$! (Clark et al. 2002), could be a black hole!

Constraints on the Mass–Radius Relation



(Lattimer and Prakash (2004))

- spin rate from PSR B1937+21 of 641 Hz: R < 15.5 km for $M = 1.4 M_{\odot}$
- observed giant glitch from Vela pulsar: moment of inertia changes by 1.4%
- Schwarzschild limit (GR): $R > 2GM = R_s$
- causality limit for EoS: R > 3GM

How To Measure Masses AND Radii of Compact Stars

- mass from binary systems (pulsar with a companion star)
- radius and mass from thermal emission, for a blackbody:

$$F_{\infty} = \frac{L_{\infty}}{4\pi d^2} = \sigma_{\rm SB} T_{\rm eff,\infty}^4 \left(\frac{R_{\infty}}{d}\right)^2$$

with $T_{\mathrm{eff},\infty} = T_{\mathrm{eff}}/(1+z)$ and $R_{\infty} = R/(1+z)$

• redshift:

$$1 + z = \left(1 - \frac{2GM}{R}\right)^{-1/2}$$

- need to know distance and effective temperature to get R_{∞}
- radius measured depends on true mass and radius of the star
- additional constraint from redshift measurement from e.g. redshifted spectral lines fixes mass and radius uniquely

Pulsar Parallax Measurement via VLBA (Brisken et al. (2002))



- Very Long Baseline Array (VLBA) of 10 radio antennas
- parallax measurements with an accuracy of 2% for the distance!
- distances determined for more than 10 pulsars

Pulsar Distribution in our Galaxy



- distance estimate by dispersion measure (DM)
- dispersion due to conducting interstellar medium
- works for known electron number density distribution

Neutron Stars in Globular Cluster (Rutledge et al. (2002))



- X-ray observations with the Chandra satellite of globular cluster (NGC5139)
- spectra fitted with H atmosphere
- most sources show a hot spot from accretion (extremely small radii)
- quiescent neutron stars found (qNSs): thermal emission from whole surface measurable
- allows to constrain the EoS: $R_{\infty} = 14.3 \pm 2.5 \text{ km}$

Central Compact Objects (CCOs) in Supernova Remnants



• CCOs: point–like sources in the center of supernova remnants

- only observed in x-rays, radio-quiet, no pulsations seen
- temperatures of 0.2–0.5 keV and sizes of only 0.3–3 km!?!

Isolated Neutron Star RX J1856 (Drake et al. (2002))



- closest known neutron star
- perfect black-body spectrum, no spectral lines!
- for black-body emission: T = 60 eV and $R_{\infty} = 4 8 \text{ km!}$

A Quark Star? (NASA press release 2002)



NASA news release 02-082: "Cosmic X-rays reveal evidence for new form of matter" — a quark star?

Parallax Measurement from Hubble



- corrected parallax measurement with Hubble: $D = 117 \pm 12 \text{ pc}$
- Hubble measures only
 T = 49 eV in the
 optical band!
- refined modelling of the atmosphere needed

(Lattimer and Walter (2002))

Modelling the Atmosphere of Neutron Stars (Burwitz et al. (2003))



- H atmospheres ruled out, they over-predict the optical flux!
- heavy element atmospheres ruled out, as there are no spectral lines!
- all classic neutron star atmosphere models fail!
- alternatives: two-component blackbody model (left plot)
- or condensed matter surface for low T < 86 eV and high $B > 10^{13}$ G (right plot) grey body with a suppression of a factor 7!

RXJ 1856: Neutron Star or Quark Star? (Trümper et al. (2003))



- two-component blackbody: small soft temperature, so as not to spoil the x-ray band
- this implies a rather LARGE radius so that the optical flux is right!
- conservative lower limit: $R_{\infty} = 16.5$ km (d/117 pc)
- excludes quark stars and even neutron stars with a quark core!

Spectra from Geminga (Caraveo et al. (2004))



- three component fit to spectra of the Geminga pulsar:
- power law tail at high energies (from magnetosphere)
- hot black-body with a size of only $R = 40 \pm 10$ m (from polar caps)
- cool black-body with a size of $R = 8.6 \pm 1$ km (from pulsar surface?)

Phase Resolved Spectra from Geminga (Caraveo et al. (2004))



radius of T = 43 eV emitting area (cool black-body) radius of T = 170 eV hot spot (hot black-body) power law flux at 1 keV

- power law tail at high energies (from magnetosphere)
- hot black-body with a size of only R = 60 m (from polar caps)
- cool black-body with a size of R = 10 km (from hot continent)
- varies with time, not from entire surface!

Supernova remnant 3C58 from 1181 AD (Slane et al. 2004)



CHANDRA press release 04-13:

"Going to Extremes: Pulsar Gives Insight on Ultra Dense Matter and Magnetic Fields" — rapid cooling due to unexpected conditions in the neutron star!

Cooling of Supernova Remnants (Kaplan et al. (2004))



- newest data from four neutron stars suggest fast cooling (direct URCA)
- standard cooling curves are too high!
- large nuclear asymmetry energy generates fast cooling!
- strange particles (exotic matter) generate fast cooling!

Cooling processes with neutrinos

modified URCA process (slow): $N + p + e^- \rightarrow N + n + \nu_e$ $N + n \rightarrow N + p + e^- + \overline{\nu}_e$ direct URCA process (fast):

 $p + e^- \rightarrow n + \nu_e$ $n \rightarrow p + e^- + \overline{\nu}_e$ can only proceed for $p_F^p + p_F^e \ge p_F^n$! Charge neutrality implies:

$$n_p = n_e \hookrightarrow p_F^p = p_F^e \hookrightarrow 2p_F^p = p_F^n \hookrightarrow n_p/n \ge 1/9$$

nucleon URCA only possible for a large fraction of protons! hyperon URCA process:

$$\Lambda \to p + e^- + \bar{\nu}_e \quad , \quad \Sigma^- \to n + e^- + \bar{\nu}_e \quad , \quad \dots$$

happens immediately when hyperons are present! only suppressed by hyperon pairing gaps!

Basic cooling of neutron stars (Page and Reddy (2006))



- slow standard cooling via the modified URCA process versus fast neutrino cooling (emissivities of $\epsilon_{\nu} = 10^n \times T_9^6 \text{ erg cm}^{-3} \text{ s}^{-1}$)
- normal neutron matter: N, superfluid neutron matter: SF
- fast cooling due to 'exotic' processes as nucleon direct URCA or kaon condensation

Cooling with hyperon gaps (Schaab, JSB, Balberg 1998)



- slow cooling for low mass neutron stars
- fast cooling for heavier ones due to direct nucleon URCA!
- hyperons are present in the core for $M \ge 1.35 M_{\odot}$
- hyperon cooling suppressed by pairing gaps (same curve for $M = 1.6 M_{\odot}$)

Cooling with hyperon gaps II (Page, Lattimer, Prakash, Steiner 2000)



- fast cooling for $M \ge 1.3 M_{\odot}$ stars via direct nucleon URCA
- even faster cooling for heavier stars via hyperon direct URCA
- hyperon cooling not suppressed by pairing gaps!
- tiny density range of unpaired Λ hyperons present as Σ hyperons appear later!

X-Ray burster



- binary systems of a neutron star with an ordinary star
- accreting material on the neutron star ignites nuclear burning
- explosion on the surface of the neutron star: x-ray burst
- red shifted spectral lines measured! ($z = 0.35 \rightarrow M/M_{\odot} = 1.5$ (R/10 km)) (Cottam, Paerels, Mendez (2002))

Probes Using X–Ray Bursts



• X-ray bursts from accreting neutron stars originating from the surface

- measure profile of emitted spectral lines
- spectral profile is modified from space-time warpage
- \rightarrow gives a model independent mass and radius!

Bounds on Compactness for LMXB neutron stars



(Nath, Strohmayer, Swank, 2002)

- thermonuclear bursts from Low-Mass X-ray Binary (LMXB) 4U 1636-53 and 4U1728-34
- oscillations due to neutron star rotation
- burst hot spot spreads over entire neutron star surface!
- amplitude decreases with increasing compactness
- results: M/R < 0.163 (upper limit only due to unknown geometry)

Discovery of the Neutron Star Spin Frequency in EXO 0748-676

(Villarreal and Strohmayer, 2004)



- Low-Mass X-ray Binary (previously found red-shifted spectral lines!)
- detected 45 Hz oscillation in 38 thermonuclear bursts
- fit to line profile: width depends on surface rotational velocity $v_{rot} \propto
 u_{spin} R$
- determines radius for known spin frequency!
- constraint: 9.5 < R < 15 km, with Z = 0.35 (Cottam et al.) $1.5M_{\odot} < M < 2.3M_{\odot}$

animation of a superburst

Future Probes Using Gravitational Waves



- sources of gravitational waves: nonspherical rotating neutron stars, colliding neutron stars and black-holes
- gravitational wave detectors are running now (LIGO,GEO600,VIRGO,TAMA)
- future: LISA, satellite detector!

Gravitational wave signal from strange quark matter?





- binary neutron star mergers with a quark core: signal clearly seen in different Fourier spectrum! (Oechslin, Uryū, Pogosyan, Thielemann 2004)
- binary strange quark star collision: higher frequencies possible before 'touch-down' compared to normal neutron stars

(Limousin, Gondek-Rosinska, Gourgoulhon 2005)

 collapse of neutron star to quark matter: sensitive to EoS (Lin, Cheng, Chu, Suen 2006)

Future: Square Kilometer Array (SKA)



- receiving surface of 1 million square kilometers
- 1 billion dollar international project
- potential to discover:
 - 10,000 to 20,000 new pulsars
 - more than 1,000 millisecond pulsars
 - at least 100 compact relativistic binaries!
- probing the equation of state at extreme limits!
- cosmic gravitational wave detector by using pulsars as clocks!
- design and location not fixed yet (maybe in South Africa!)

Modelling the Neutron Star

Structure of Neutron Stars —the Crust (Dany Page)



- $n \le 10^4$ g/cm³: atmosphere (atoms)
- n = 10⁴ 4 · 10¹¹ g/cm³:
 outer crust or envelope
 (free e⁻, lattice of nuclei)
- $n = 4 \cdot 10^{11} 10^{14}$ g/cm³: Inner crust (lattice of nuclei with free neutrons and e^-)

Structure of a Neutron Star —the Core (Fridolin Weber)



Neutron Star Matter for a Free Gas

(Ambartsumyan and Saakyan, 1960)

| Hadron | p,n | Σ^{-} | Λ | others |
|-------------|-----------|--------------|--------|-----------|
| appears at: | $\ll n_0$ | $4n_0$ | $8n_0$ | $> 20n_0$ |

but the corresponding equation of state results in a maximum mass of only

$$M_{\rm max} \approx 0.7 M_{\odot} < 1.44 M_{\odot}$$

(Oppenheimer and Volkoff, 1939)

effects from strong interactions are essential to describe neutron stars!

Empirical Nucleon-Nucleon Interaction

Ansatz for the energy per particle:

$$\epsilon/n = m_N + E_0^{kin} + \frac{A}{2} \cdot u + \frac{B}{\sigma+1}u^{\sigma} + S_0 \cdot u \cdot \left(\frac{n_n - n_p}{n}\right)^2$$

where $u = n/n_0$. The parameters A, B, σ are fixed by nuclear matter properties n_0 , E/A, and the compression modulus K, the asymmetry term by the asymmetry energy S_0 at n_0 .

The pressure is determined by the thermodynamic relation

$$P = n^2 \frac{d}{dn} \left(\frac{\epsilon}{n}\right)$$

EoS used as input in transport model calculations. (Note: the equation of state can become acausal for $\sigma > 2$.) Check: are low compressibilities ruled out by neutron star mass measurements?

Empirical Nucleon-Nucleon Interaction: Masses



(Irina Sagert, 2006)

- maximum mass $M \ge 2M_{\odot}$ for $K_0 > 200$ MeV ($S_0 = 30$ MeV)!
- slight dependence on S_0 , up to $\Delta M = \pm 0.2 M_{\odot}$ for low K_0 values
- EoS causal up to $M = 2.4 M_{\odot}$ ($K_0 = 300$ MeV)
- even 'soft' equations of state can give high neutron star masses!

At which density do new particles appear? (Page and Reddy (2006))



- hyperons appear, when its in-medium energy equals its chemical potential: $\mu(Y) = \omega(Y) = m_Y + U_Y(n)$
- thin lines: no potential, thick lines: with mean-fi eld potential

Composition of Neutron Star Matter



- attractive potential for Σ s and Ξ s
- Σ^- appear shortly before Λ s around $n = 2n_0$
- As present in matter at $n = 2.5n_0$, Ξ^- before $n = 3n_0$

Composition of Neutron Star Matter



• As are present close to $n = 2n_0$

- repulsive potential for Σ s: Σ hyperons do not appear at all!
- population is highly sensitive to the in-medium potential!

Impact of hyperons on the maximum mass of neutron stars



(Glendenning and Moszkowski 1991)

- neutron star with nucleons and leptons only: $M \approx 2.3 M_{\odot}$
- substantial decrease of the maximum mass due to hyperons!
- maximum mass for "giant hypernuclei": $M \approx 1.7 M_{\odot}$
- noninteracting hyperons result in a too low mass: $M < 1.4 M_{\odot}$!

The EoS using Relativistic Mean–Field Models



(Mirjam Wietoska, 2006)

- sensitive to flow measurement: non-relativistic Schrödinger equivalent potential (SEV)
- compare effective model using K = 200 MeV with: standard nonlinear σ model (gl78, bmw85, gm1), with added nonlinear vector selfi nteractions (bodz0) fi tted to nuclei (tm1) or to many-body approaches (djm-c, bm-a)

Relativistic Mean–Field Model: Masses



(Mirjam Wietoska, 2006)

- maximum masses with nucleons and leptons only: all above $1.44M_{\odot}$!
- ultrasoft non-relativistic potentials compatible with pulsar data!
- but with hyperons: too soft! (in particular for sets bodz0 and bm-a)

Phase Transitions in Quantum Chromodynamics QCD



- Early universe at zero density and high temperature
- neutron star matter at small temperature and high density
- first order phase transition at high density (not deconfinement)!
- probed by heavy-ion collisions at GSI, Darmstadt (FAIR!)

Mass-radius and maximum density of pure quark stars



• case 2: $M_{\text{max}} = 1.05 M_{\odot}$, $R_{\text{max}} = 5.8$ km, $n_{\text{max}} = 15 n_0$

• case 3: $M_{\rm max} = 2.14 \, M_{\odot}$, $R_{\rm max} = 12$ km, $n_{\rm max} = 5.1 \, n_0$

Phases in Quark Matter (Rüster et al. (2005))



- fi rst order phase transition based on symmetry arguments!
- phases of color superconducting quark matter in β equilibrium:
- normal (unpaired) quark matter (NQ)
- two-flavor color superconducting phase (2SC), gapless 2SC phase
- color-flavor locked phase (CFL), gapless CFL phase, metallic CFL phase
- (Alford, Rajagopal, Wilczek, Reddy, Buballa, Blaschke, Shovkovy, Drago, Rüster, Rischke, Aguilera, Banik, Bandyopadhyay, Pagliara, ...)

Heavy Quark Stars? (Rüster and Rischke (2004))



- quark star with color–superconducting quarks
- uses NJL model for pairing quarks
- increased interactions gives more massive quark stars

Matching the two phases: two possible scenarios



- Weak: phase transition is weakly first order or a crossover → pressure in massive phase rises strongly
- Strong: transition is strongly first order \rightarrow pressure rises slowly with μ

A Model For Cold And Dense QCD



Two possibilities for a first-order chiral phase transition:

- A weakly first-order chiral transition (or no true phase transition),
 - \implies one type of compact star (neutron star)
- A strongly first-order chiral transition
 two types of compact stars:
 a new stable solution with smaller masses and radii

Quark star twins? (Fraga, JSB, Pisarski (2001))



- Weak transition: ordinary neutron star with quark core (hybrid star)
- Strong transition: third class of compact stars possible with maximum masses $M \sim 1 M_{\odot}$ and radii $R \sim 6$ km
- Quark phase dominates ($n \sim 15 n_0$ at the center), small hadronic mantle

Third Family of Compact Stars (Gerlach 1968)



(Glendenning, Kettner 2000; Schertler, Greiner, JSB, Thoma 2000)

- third solution to the TOV equations besides white dwarfs and neutron stars, solution is stable!
- generates stars more compact than neutron stars!
- possible for any first order phase transition!

Density profile of quark star twins (Papasotiriou 2006)



Signals for a Third Family/Phase Transition?

- mass-radius relation: rising twins (Schertler et al., 2000)
- spontaneous spin-up of pulsars (Glendenning, Pei, Weber, 1997)
- delayed collapse of a proto-neutron star to a black hole (Thorsson, Prakash, Lattimer, 1994)
- bimodal distribution of pulsar kick velocities (Bombaci and Popov, 2004)
- collapse of a neutron star to the third family? (gravitational waves, γ -rays, neutrinos)
- secondary shock wave in supernova explosions?
- gravitational waves from colliding neutron stars?

Difference between quark stars, hybrid stars, etc?

- hybrid stars: neutron stars mixed with quark matter in the core
- quark star twins: special hybrid stars with a pure quark matter core
- strange stars or selfbound stars: consists of stable quark matter only, purely hypothetical!!!

Hypothetical Selfbound Star versus Ordinary Neutron Star



(Hartle, Sawyer, Scalapino (1975!))

selfbound stars:

- vanishing pressure at a finite energy density
- mass-radius relation starts at the origin (ignoring a possible crust)
- arbitrarily small masses and radii possible

neutron stars:

- bound by gravity, finite pressure for all energy density
- mass-radius relation starts at large radii
- minimum neutron star mass: $M \sim 0.1 M_{\odot}$ with $R \sim 200$ km

Summary

- equation of state (EoS) determines the maximum mass and its radius
- in-medium potentials of hadrons determine the population
- cooling is sensitive to the population
- new hadronic degrees of freedoms normally soften the EoS!
- but quark matter can also stiffen the EoS!
- strong chiral phase transition leads to a third family of compact stars
- sensitive to mass-radius relation, cooling, neutrinos, gravitational waves!